

Frequently Asked Questions

What is Biofeedback?

Biofeedback is therapeutic treatments for stress related conditions. The L.I.F.E System Biofeedback Device is registered with the FDA as a stress and pain reduction medical device.

What is *STRESS*: Something that causes a state of pressure, strain, tension, harm or imbalance to the body. This includes; emotional stress, physical strain or pain, pathogens (viruses, bacteria, fungus/molds, and parasites), heavy metals and other toxins that cause aberration. *See section labeled "What Causes Stress" in the Initial Client Handbook.*

How does it work?

Quantum physics, radionics, bio-energetic, and bio-response medicine is all based on the concept that all matter emits radiation.

"Disease is an aberration of the electron structure, a change in otherwise uniform flow of electrons constituting the field of energy which is radiated from the physical organism." Dr. Albert Abrams (the first physician to diagnose disease from a distance, using only the patient's blood spot as a reference). Radionics make it possible to detect disease in its earliest stages, before any physical symptoms are manifested. Dr, Abrams later developed his own treatment device designed to neutralize abnormal radiations "by the therapeutic application of vibration," aimed at resorting the equipoise of disease by a rearrangement of molecules or by raising their vibration to a normal standard of frequency."

The calibration, upon start of a biofeedback session, creates a relationship between your body and the device, determining the resonant frequency of the body then adapting to, or calibrating with the body ensuring the treatments are what the individual needs.

Also ask for the Biofeedback Brochure for more details.

What does Biofeedback involve?

Once the tests have been completed the therapies involve several energetic treatments that are all of course painless, non-invasive and completely safe.

How effective is biofeedback?

Most people who try Biofeedback report improvement success rates as high as 80 - 90%.

Biofeedback re-trains the body to heal its self!

Will I feel anything during the therapy?

Since the Biofeedback Device operates by sending frequency at biological speeds (up to of 1/1000 of a second) most clients feel no sensation whatsoever. Those sensitive to frequency may experience a slight tickle or tingling sensation periodically under the head harness or limb straps.

How long does it take to get results?

Although biological changes are made instantaneously, noticeable improvement may take some time. This is entirely dependent on the client's condition, lifestyle, and receptiveness to frequency. Usually, we suggest that the client should allow four sessions to properly assess if the protocol designed by the Therapist is being effective for them.

Many people find that their condition improves after only three to five sessions. Others find it takes a series of sessions to feel long lasting results. Typically, Biofeedback sessions are needed regularly for several months depending on the degree and how long the condition has existed.

It is always advisable to follow the practitioner's treatment plan (also referred to as a protocol).

Make Sure you are treated by a trained and certified Therapist.

How lasting are the effects?

After each session the therapies should last at least a week depending on the mineral and hydration balance in the body.

Once the training or protocol is complete, most people find that the benefits continue indefinitely, although you may need to keep practicing what you have learned at home and biannual treatments are recommended.

How is it applied?

It is connected via a headband, wrist straps and ankle straps. Sending electromagnetic signals through the body and comparing them to "the norm" is the testing or scanning. The tests are solely for the practitioners to gain knowledge of what the imbalances are and then administer multiple therapies.

What are the side effects?

Make sure to tell your Biofeedback Therapist if you have a pacemaker, suffer from anxiety attacks, may be pregnant, or of any medical conditions and history. This helps the Therapist to administer safe treatments.

Most clients do not report ill effects. In fact, the most common response after a session is to feel energized and more focused. It is not uncommon for pain or other symptoms to be partially or completely alleviated after a session. Clients who are suffering from excessive toxicity may experience some transitory feelings of discomfort as their bodies release toxins from the tissues for elimination. This is particularly true when *zapping* pathogens.

Side effect may include dizziness, tiredness, flu like symptoms and/or Detox reactions. Side effects should not be severe, communicate with your technician about any concerns and be well hydrated before as well as after treatment.

What electrical parameters are being measured?

The electrical characteristics, inductance, capacitance and resistance change in the body for many reasons. These changes affect the energies that the Biofeedback device uses during the pickup phase of the testing process. Imbalances are reflected in many areas of the body, both electrically and physiologically.

Is this a diagnostic device?

No, because the testing is energetic, it was not designed to diagnose but address aberration in its earliest stages. This form of testing differs from x-rays, blood tests etc. because it reveals the energetic state of one's body and the direction the body is focusing its energy. As biofeedback practitioners, we are unable to diagnose or treat disease using the device unless we are also medical doctors. This is why it is advisable to consult your physician to verify or monitor any conditions the device may be detecting.

Can the Device cure disease?

Neither Connection 2 Health, nor the developers of the Biofeedback device make any claims regarding cures for disease. We emphasize that **only the body has an innate ability to heal itself when given the correct conditions.** The LIFE System is approved for stress and pain reduction as well as a relaxation

tool, and in the scope of such, has a role in eliminating the barriers to good health. It does this by targeting very specific stressors it detects in the body and its electrical field.

How frequently can I have a session?

The body requires 72 to 100 hours to fully integrate the frequencies it receives in a regular session and repeating a test scan within this period is not recommended for that reason. Thus, the shortest interval between sessions is usually one week. In emergency or critical situations, therapy can continue as needed without the main test scan.

Is there an EMR (Electrical Magnetic Radiation) protection in place?

Yes! Unlike other home devices that advise you to end on a certain frequency, it is already built in and running the entire session! The EMR protection stimulates the body with Schumann waves (Earth's magnetic frequencies, among other earth energies) that the body and our DNA recognizes, entrains and synchs with. It is valuable to the human organism, helping to balance the body with earth's resonant energies. The human life form (as well as other life forms, such as plants and animals) have benefited mankind since he has walked the earth. Within the Biofeedback Device, we have the option to change the frequency. Currently, we use 7.83 Hz, as the default setting. But some choose to adjust it to a higher value due to perceived geophysical changes on the planet. The L.I.F.E. System offers the option to select a setting of one's choice. EMR (Electrical Magnetic Radiation) Protection, can also be disabled for those who may have an over sensitivity to EMR.

How long has Biofeedback been around?

Biofeedback has been studied for over 30 years. Hundreds of clinical studies have demonstrated its efficacy in thousands of patients with a variety of conditions.

Disclaimer: No claims are made of the LIFE System or its results and nothing that the Practitioner does, diagnoses or treats any illness or disease nor replaces medical treatment. Please consult your family medical doctor for the diagnosis or treatment of disease. Please also consult your family medical doctor before undertaking any health program.

WHAT TO EXPECT

Natural clothing should be worn during sessions if possible. Medications and supplements should be noted for the technician's information. A list of questions is always helpful and a mind set that allows energetic therapies to be applied. Biofeedback sessions are a time to relax as much as possible. An initial session takes approximately two hours, which allows for the completion of the intake form and waiver. The client is then connected to the device by a head harness and limb straps. The device is then calibrated and the test/scan proceeds for about five minutes, measuring the resonance or response of the body to thousands of items (including nutrients, allergens, toxins, viruses, parasites, organ functions, etc.).

When the test is complete, the practitioner reviews the highest risk/susceptibility items and begins the therapies to balance the stressors. This process usually begins with balancing meridian points and harmonize organs to better enable the body to begin healing. The more specialized therapies can then be utilized after the general balancing process has been completed. Appropriate future sessions can be developed and arranged at the time of the initial session or at a later date, however, regular treatments are recommended for effectiveness.

The subsequent sessions is approximately one hour and involves the general balancing process and any other concerns you may have. Good communication about all symptoms during sessions is important for the technician to set up a treatment plan/protocol. At the end of session two or at the time of the third visit a written treatment plan can be reviewed and a goal can be set.

The subsequent sessions should last about an hour unless otherwise agreed upon. As always, adequate mineral and water consumption should be administered. Ask your technician for instruction.

WHAT IS THE CLIENT'S ROLE

- Fill out Client intake form and Waiver
- Simply relax during the session
- Fill out Treatment Plan once one has been agreed upon.
- Review C2H information packet and fill free to ask any questions as well as for any copies of anything in packet.